

## Maricopa County - Mental Health Resources

Resource Type	Organization/Link	Mission	Phone	Region
Crisis	Empact Suicide Prevention Center	Provides 24/7 Crisis Response, Counseling, Psychiatry, Substance Abuse, Support Groups, Prevention, Sexual Assault Hotline and Trauma Services to individuals and families.	(480) 784-1500	Maricopa
Suicide Prevention	Empact Survivors of Suicide	Valley-wide support groups for those whose common bond is the loss of a loved one to suicide. These groups allow members to have the emotional support of others who have shared the trauma of this event and to focus on emotional healing and survival.	(480) 784-1514	Maricopa
Tribal Services	Suicide and Crisis Hotline	Salt River Pima Maricopa Indian Community.	(855) 331-6432	Maricopa
Suicide Prevention	Survivors of Suicide Support Groups	Valley-wide support groups for those whose common bond is the loss of a loved one to suicide. These groups allow members to have the emotional support of others who have shared the trauma of this event and to focus on emotional healing and survival.	(480) 784-1514	Maricopa
Suicide Prevention	Crisis Network Central Arizona	When life is overwhelming, you can't cope, you're worried about a loved one, or you just need to talk, immediate and confidential help is available 24/7/365.	(800) 631-1314	Central
Tribal Services	Suicide and Crisis Hotline	Crisis Line for the Gila River and Ak-Chin Indian Communities.	(800) 259-3449	Central
Suicide Prevention	Arizona State Suicide Prevention Website	Provides ending suicide resources in Arizona.	(800) 273-8255	Arizona
Suicide Prevention	Arizona Suicide Prevention Coalition	With public discourse, education, and awareness, each of us can help reduce the frequency of suicide in our communities.	(866) 205-5229	Arizona
Suicide Prevention	American Foundation for Suicide Prevention	Provides information on suicide statistics, suicide prevention, suicide awareness community and activities, and suicide prevention and education resources.	(800) 273-8255	National
Suicide Prevention	Hope Line Suicide Hotline	National Suicide Prevention Lifeline. (800) 273-TALK	(800) 273-8255	National
Suicide Prevention	Open Counseling	Search for free or low-cost counseling; "Your Home For Affordable Counseling".		National
Suicide Prevention	SAVE Suicide Awareness Voice of Education	SAVE focuses its efforts and resources on six main program areas: Public Awareness, Education, Training and Consulting, Grief Support, Products & Resources, and Research and Innovation.	(800) 273-8255	National
Suicide Prevention	The National Suicide Prevention Lifeline	A United States-based suicide prevention network of 161 crisis centers that provides a 24/7, toll-free hotline available to anyone in suicidal crisis or emotional distress.	(800) 273-8255	National
LGBTQ+	The Trevor Project	Provides crisis intervention and suicide prevention for LGBTQ youth.	(866) 488-7386	National

## Yavapai County - Mental Health Resources

Resource Type	Organization/Link	Mission	Phone	Region
Suicide Prevention	Arizona State Suicide Prevention Website	Provides ending suicide resources in Arizona.	(800) 273-8255	Arizona
Suicide Prevention	Arizona Suicide Prevention Coalition	With public discourse, education, and awareness, each of us can help reduce the frequency of suicide in our communities.	(866) 205-5229	Arizona
Suicide Prevention	American Foundation for Suicide Prevention	Provides information on suicide statistics, suicide prevention, suicide awareness community and activities, and suicide prevention and education resources.	(800) 273-8255	National
Suicide Prevention	Hope Line Suicide Hotline	National Suicide Prevention Lifeline. (800) 273-TALK	(800) 273-8255	National
Suicide Prevention	Open Counseling	Search for free or low-cost counseling; "Your Home For Affordable Counseling".		National
Suicide Prevention	SAVE Suicide Awareness Voice of Education	SAVE focuses its efforts and resources on six main program areas: Public Awareness, Education, Training and Consulting, Grief Support, Products & Resources, and Research and Innovation.	(800) 273-8255	National
Suicide Prevention	The National Suicide Prevention Lifeline	A United States-based suicide prevention network of 161 crisis centers that provides a 24/7, toll-free hotline available to anyone in suicidal crisis or emotional distress.	(800) 273-8255	National
LGBTQ+	The Trevor Project	Provides crisis intervention and suicide prevention for LGBTQ youth.	(866) 488-7386	National